

The Legacy Traditional School Newsletter - NW Tucson Campus

## Volume 2 Issue 26

 February 27th 2012-2013
## HOURS

## Front Office

Mon. - Fri.
7:30 a.m. - 4:00 p.m.

## Gates Open:

7:30 a.m. - 8:00 a.m.

## Flag Ceremony:

JH-7:45 a.m.
K-6-8:00 a.m.
AM Kinder:
8:00 a.m. - 11:00 a.m.
PM Kinder:
11:40 a.m. - 2:40 p.m.


| LTS Calendar |  |
| :---: | :---: |
| $\mathbf{2 / 2 8}$ | Half Day-Student Led <br> Conferences |
| $2 / 25-3-1$ | Scholastic Book Fair |
| $2 / 28$ | Book Fair Evening Night <br> from 8:00am-6:30pm |
| $\mathbf{3 / 1}$ | Half Day-Student Led <br> Conferences |

## Principal's Pride

This is awarded to students who have achieved academic excellence.

| News |  |
| :---: | :---: |
| Student Led Conferences | Scholastic Book Fair <br> Don't forget our Scholastic Book Fair is currently going on through March 1st! Tomorrow night will be our evening event for working families to attend the Book Fair with your children from 8:00am to 6:30pm. <br> On Friday, March 1st, the book fair closes at 3pm due to half day. |
|  |  |
| On Thursday, February 28th and Friday, |  |
| March 1st our school will be holding our annual Student Led Conferences. |  |
| Please speak directly to your child's |  |
| teacher to set up a time for Student Led |  |
| Conferences! |  |
| Also note, both days (2/28 |  |
| \& 3/1) will be half days Student-L |  |
| with an early dismissal. Conference |  |
| Jump Rope for Heart |  |

## Principal's Corner

Dear Mustang Families,
Thank you for your patience and understanding during the past year of construction on Cortaro Farms Rd. I am excited that the end is drawing near and that the Crosswalk Hawk should be up and running by Monday. As we all saw yesterday, it has been well worth the wait.

I would like to give a quick reminder that this grading period we will be focusing on the Character Trait of FAIRNESS.

Thank you again for your continued support! I look forward to seeing you at Student Led Conferences!
Your Partner in Education,
Mrs. Fitzsimmons


## 5-Day Lunch Menu

| Thu., February 28th | Fri., March 1st | Mon., March 2nd | Tue., March 3rd | Wed., March 4th |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Breakfast | Breakfast | Breakfast | Breakfast | Breakfast |
| $\mathbf{7 : 3 0 - 7 : 5 0 ~ a . m . ~}$ | $\mathbf{7 : 3 0 - 7 : 5 0 ~ a . m . ~}$ | $\mathbf{7 : 3 0 - 7 : 5 0 ~ a . m . ~}$ | $\mathbf{7 : 3 0 - 7 : 5 0 \text { a.m. }}$ | $\mathbf{7 : 3 0 - 7 : 5 0}$ a.m. |
| Lunch <br> NO BREAKFAST <br> NO LUNCH | Lunch <br> NO BREAKFAST <br> NO LUNCH | Lunch <br> Mini Turkey Corn <br> Dogs with Baked <br> Beans | Lunch <br> Teriyaki Chicken <br> Over Rice with <br> Steamed Broccoli | Bean \& Cheese <br> Burrito with Lightly <br> Buttered Corn |

## Health Corner

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## The Golan ouil?



## Honor Roll

This is awarded for students who've achieved all A's and B's on their report card



## Clubs

- Challenger \& Friends (AEF) is our newest club starting on Thursday, March 7th! This club will run every Thursday from 3:00-3:30. This club will be for grades 3-8! Please contact Mrs. Phillips for more information at thelinoness@q.com or 744-0902.


## Sports

Spring Sports teams will be easing into action next week with our first games of the new season. The Mustangs will be fielding competitive teams for eligible 6,7 and 8th graders in Co-ed soccer and Girls Softball. The Coaches for this season will be Mr. Bebekian for Soccer and Mrs. Bores for Softball. Practices run from 3:00-5:00 pm Monday thru Thursday. Games will typically start at $4: 30 \mathrm{pm}$ on these same days of the week. There will be some travel associated with each team. Half of the games will be here at our campus and the other half will be away. This includes travel to the Phoenix area which becomes the parents' responsibility to be able to transport or carpool their students to and from the games. Schedules will be final this week.
s.P.O.R.t.s


## Character Ed

What is an unjust decision? What is equal treatment? chavinitis

## Music

Thursday, March 7th at 5:30 pm the 3rd Grade will showcase the music they have learned throughout the year.
Students need to be at school by 4:00 pm, with the program going until 6:00 pm.


## Field Trips

5th Grade: March 27th 5th Grade Field trip to U of A Flandrau Planetarium.
If you would like to chaperone during your child's field trip, remember to get fingerprinted in advance!

## The Golam owit




## Misc

## AM Drop Off

To ensure the safety of everyone on our campusparents \& students alike-we want to remind you NOT to drop off your child in the middle of the parking lot. The parking lot is NOT a drop-off area. This creates a safety hazard not only for your child to navigate the moving vehicles, but also for drivers to keep an eye on all the walking students in the parking lot. This is not a safe practice!
Please encourage your child to walk in the designated crosswalks across the campus. We have a crossing guard at each crosswalk to maintain the safety of your precious child.
Please also maintain an aspect of patients as other parents are dropping off their child. Safety is our number one concern of both children \& adults on our campus.

> Safety Starts
> With YOU!

## Late Lunches

If your student forgets his/her lunch you will find a red bin in the front office, labeled "Late Lunch Bin". Because teaching time is so important here at LTS, our front office WILL NOT call a classroom for a late lunch brought in. Please remind your child if they do not have a lunch they need to stop in the front office first to check the late lunch bin before thinking they do not have a lunch. Thank you for your support!

## Requesting Homework

When you call your child out sick, please remember the Attendance Line is not the appropriate place to request homework. Please email all homework requests to your child's teacher before 11:00am for it to be honored and ready in the front office at $2: 40 \mathrm{pm}$. Email address are as follows: firstname.lastname@LegacyTraditional.org HOMEWORK

## Photos for the 2012-2013 Yearbook

Do you or someone in your family have the PERFECT photo that you wish you could get in the Yearbook? Well you are in luck! We are looking for photos that our families may have that we can put in this year's Yearbook! Any pictures of classroom activities/parties, sports, plays, after school clubs, band, etc. would be great! Our Yearbook team needs them all in by the middle of March since their deadline is March 27th. You'll have to enter in your name, contact information and then you can upload pictures for us to include in the yearbook.
Here is the information you will need to do this upload: images.balfour.com (http://sw.balfour.com/tops-services/publicupload/ loginForm) School Project Number: 320203 Password: Tucson

## Congratulations go out to all students who participated in our 2nd Annual Mustang Science Fair!

The following classes in $K$-3rd received high honors:

1st Place - Mrs. Vanselow

2nd Place - Mrs. DeLaCerna
3rd Place - Mrs. Wintercorn
1st Place - Mrs. Orlando
2nd Place - Mrs. Abril
3rd Place - Mrs. Sherman
Honorable Mention: Mrs. Hilbert
Honorable Mention: Mrs. Gary
1st Place - Mrs. Ricca
2nd Place - Mrs. Rice
3rd Place - Mrs. Ethridge
Honorable Mention: Mrs. Tropp
Honorable Mention: Mrs. Tate
1st Place - Mrs. Shade
2nd Place - Mrs. Torres
3rd Place - Mrs. Harrison
Honorable Mention: Mrs. Isackson
Honorable Mention: Mrs. Owen

The following students received recognition for grades 4th-8th:

## 4th Grade:

1st Place - Dylan T.
2nd Place - Amelie O.
3rd Place - Nico S.
Honorable Mention: Cole E.
Honorable Mention: Eli R.
Honorable Mention: Hannah DP.
Honorable Mention: Jonathan H.
Honorable Mention: Arturo

## 5th Grade:

1st Place - Marcus M.
2nd Place - Quinn N.
3rd Place - Jamie M.
Honorable Mention: Preston G.
Honorable Mention: Camilla L.
Honorable Mention: Jonathan E.
Honorable Mention: Tim F.
Honorable Mention: Diego R.

## 6th Grade:

1st Place - Courtney E.
2nd Place - Malachi M.
3rd Place - Micha C.
Honorable Mention: Christopher E.
Honorable Mention: Tyler P.
Honorable Mention: Gustavo V.
Honorable Mention: Kaley A.
Honorable Mention: Caroline F.
7th Grade:
1st Place - Matthew H.
2nd Place - Kaleb B.
3rd Place - Garrett F.
Honorable Mention: Joe F.
Honorable Mention: Halen G.
Honorable Mention: Anthony F.
Honorable Mention: Matthew T. Honorable Mention: Cody H.

## 8th Grade:

1st Place - Alexandra R.
2nd Place - Isaac V.
3rd Place (Tie) - Meredith E.
3rd Place (Tie) - Jillian M.
Honorable Mention: Kyle M.
Honorable Mention: Jennifer F.
Honorable Mention: Savana S.
Honorable Mention: Garett B.

We would like to congratulate all of our Mustangs whose achieved the honor of Principal's Pride for the last $\mathbf{6}$ weeks. Students who've achieved this honor have had all A's on their last report card. Good job on the hard work, Mustangs!

| Kalista | Axtell | 1 Nathaniel | Sullivan | 1 Brian | Mulholland | $3 \begin{aligned} & \text { Gianna } \\ & \text { Jessie }\end{aligned}$ | Joseph <br> Ong Jia Hui | 6 6 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Arya | Bhakta | 1 Kennedy | Thompson | 1 Karrianne | Neely | 3 Rosalia | Rivera | 6 |
| Raegan | Cannon | 1 Ivy | Tucker | 1 Abigail | Pincus | 3 Damian | Toh | 6 |
| Caleb | Cantu | 1 Kenzie | Wetegrove | 1 Promise | Ramirez | ${ }^{3}$ Shannan | Flake | 7 |
| Netanya | Carreon | 1 Ella | Wilbur | 1 Eric | Reichard | 3 James | Taube | 7 |
| Maria | Collins | 1 Colin | Wilson | 1 Arielle | Sare | ${ }^{3}$ Andrew | Zoucha | 7 |
| Cailynn | Cooper | 1 Matthew | Wright | 1 Corey | Spiker | ${ }^{3}$ Garett | Billings | 8 |
| Angelee | Crooks | 1 Cameron | Ballard | 2 Chelsea | Cannon | ${ }^{4}$ Daniel | Fuehrer | 8 |
| Reagan | Darby | 1 Rachel | Barriga | 2 Hannah | Dal Ponte | ${ }^{4}$ Leena | Idris | 8 |
| Gabriel | DelaCerna | 1 Kiersten | Bott | ${ }^{2}$ Cole | Ethington | ${ }^{4}$ Braeden | Lowe | 8 |
| Nicholas | Discorfano | 1 Justin | Chan | 2 Amelia | Gephart | ${ }^{4}$ Vivien | Ong Jia'En | 8 |
| Reese | Dunford | 1 Alessandra | Ciurca | 2 Jessica | Hernandez | ${ }^{4}$ Alexandra | Ralles | 8 |
| Mya | Edwards | 1 Zack | Comaduran | 2 Nataly | Islas | 4 Alexandra | Young | 8 |
| Adrian | Falcone | 1 Holden | Dal Ponte | 2 Amelie | Olding | ${ }^{4}$ Samantha | Alvarez | K |
| Markus | Gonzales | 1 Leith | Dessureault | 2 Jonathan | Perez | ${ }^{4}$ Sean | Barnard | K |
| Esteban | Hinojos | 1 Joseph | Ethridge | 2 Ashleigh | Rollins | ${ }^{4}$ Krish | Bhakta | K |
| Taylor | Kaul | 1 Wyatt | Gibbons | 2 Paige | Schmugge | ${ }^{4}$ Colton | Bidwell | K |
| Ethan | Keys | 1 Liris | Goh | 2 Dylan | Tran | 4 Noah | Brooks | K |
| Mason | Kolontay | 1 Talia | Joseph | 2 Hannah | Waters | 4 Callista | Campbell | K |
| Tyler | Laudorn | 1 Isabelle | Keys | 2 Tiffany | Allmark | 5 Alyx | Daugherty | K |
| Juyeop | Lee | 1 Michelle | Lobato | 2 Deven | Calhoun | 5 Emma | Davis | K |
| Grace | Marquez | 1 Gianna | Mares | 2 Kirstin | Dyckman-O'Donnell | 5 Abdulwahab | Eddib | K |
| Owen | Mayfield | 1 Jessie | Montoya | 2 Jonathan | Ellwanger | 5 Kerstin | Ethington | K |
| Donovan | McGehee | 1 Cheyenne | Moon | 2 Peter | Ethridge | 5 Noah | Flax | K |
| Emma | Medina | 1 Cameron | Ortiz | ${ }^{2}$ Luke | Fisher | 5 Connor | Ford | K |
| Emma | Milby | 1 Gabriela | Rock | 2 Allison | Frisby | 5 Benjamin | Funk | K |
| Sterling | Miller | 1 Linae | Ryan | 2 Alexis | Hsu | 5 Mikayla | Gleeson | K |
| Sean | Neely | 1 Abygail | Soneira Reeves | 2 Lauren | Hsu | 5 Mason | Greer | K |
| Ranon | Ong | 1 Rachel | Stamer | ${ }^{2}$ Luke | Jensen | 5 Madeline | Hartman | K |
| Owen | Orlando | 1 Lennon | Tan | ${ }^{2}$ Savannah | Kidd | 5 Mason | Helm | K |
| Sydney | Padilla | 1 Damon | Trudeau | $2^{2}$ Molly | Lawrence | $5^{\text {Danica }}$ | Hernandez-Floyd | K |
| Ezekiel | Pangelinan | 1 Skye | Uyeda | ${ }^{2}$ Camille | Lerasan | 5 Allie | Judd | K |
| Kira | Patel | 1 Loraine | Vasquez | 2 Marcus | Macias | 5 Aubrey | Krinke | K |
| Lilyana | Pilkington | 1 Sarah | Vega | 2 Jamie | Montoya | 5 Jeremiah | Ledcke | K |
| Colby | Price | $1_{1}^{\text {Levi }}$ | Watson | ${ }^{2}$ Quinn | Neely | 5 Jaden | Lee | K |
| Makenzie | Rammell | 1 Esha | Bhakta | 3 Abby | O'Neal | $5{ }_{5}{ }^{\text {Jonathan }}$ | Lindsay | K |
| Jack | Ryan | 1 Piper | Castro | 3 Savannah | Welch | $5^{\mathrm{E}}$ <br> Jazmyn | Marchant Martin | K |
| Eojin | Ryu | 1 Anthony | Diaz | 3 Payton | Billings | $6^{J}$ <br> Micah | Meloy | K |
| Ella | Stephens | 1 Dylan | Kmiec | 3 Samantha | Breed | 6 Mican |  | K |
| Avery | Stoner | 1 Ginamarie | Maisto | 3 Kai | Dawson-Busch | 6 Olivia Tanner | Murphy <br> Nevitt | K |



| Nathaniel | Olding | K |
| :--- | :--- | :--- |
| Sabrina | Ornelas | K |
| Jill | Patel | K |
| Rebecca | Ramirez | K |
| Robert | Romero | K |
| Esabella | Sanchez | K |
| Owen | Satchell | K |
| Scarlet | Schmugge | K |
| Camryn | Sherrin | K |
| Rebecca | Smith | K |
| Ryan | Stamer | K |
| Patrick | Sullivan | K |
| Isaiah | Tache | K |
| Samantha | Thomas | K |
| McKenna | Van Buskirk | K |
| Alexis | Vanselow | K |
| Julian | Wilson | K |
| Logan | Wong | K |
| Nakyung | Yoon | K |

We would like to congratulate all of our Mustangs who worked so hard to achieve Honor Roll.
Students who've achieved this honor have had all A's \& B's on their last report card. Good job, Mustangs!

| Vincien | Arbizo | 1 | Hayden | Dohaniuk | 2 | Ashley | Engler |  | 3 | Jacob |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Anniliese | Beauchamp | 1 | Kolbee | Egan | 2 | Kaitlyn | Fries | 3 | Wyatt | Kmiec |


| Kayley | Adams | 6 | Alexandra | Gutierrez |  | Antonio | Acevedo | K | Daysha | Noriega | K |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Arthur | Alameda | 6 | Nicole | Iglar | 7 | Cynthia | Aguilar | K | Hari | Patel | K |
| Taylor | Allmark | 6 | Reilly | Kalina | 7 | Aiden | Atkinson | K | Samantha | Petroshus | K |
| Fabby Ross | Amaranto | 6 | Sadie | Lee | 7 | Nikolas | Bejarano | K | Jessica | Prink | K |
| Alexa | Anderson | 6 | Evan | Brawner | 8 | Lauren | Brown | K | Alaysha | Prokop | K |
| Kes | Becker | 6 | Jennifer | Fitzsimmons | 8 | Robert | Brown | K | Maximilian | Rivera | K |
| Hannah | Boyle | 6 | Jacob | Gurvine | 8 | Elena | Bustamante | K | Adin | Roberts | K |
| Alexandra | Copenhaver | 6 | Teresa | Herleth | 8 | Lily | Chadwick | K | Elysiana | Rodriguez | K |
| Chayse | Daugherty | 6 | Jacob | Mares | 8 | Gavin | Chander | K | Aiden | Schwartz | K |
| Katlynn | Davis | 6 | Kayla | Martinez | 8 | Hannah | Christensen | K | Jenna | Scott | K |
| Alia | Duran | 6 | Kyle | Mundy | 8 | Daniel | Cooper | K | William | Sosa | K |
| Courtney | Ely | 6 | Elaine | Park | 8 | Elizabeth | Cornett | K | Jase | Sundberg | K |
| Caroline | Finster | 6 | Savana | Sasser | 8 | Anderson | Cottle | K | Colton | Tountas | K |
| Nicolette | Flores | 6 |  |  |  | Deborah | Crandell | K | Meredith | Twyman | K |
| Katie | Fuehrer | 6 |  |  |  | Abigail | Daugherty | K | Steven | Vaughan | K |
| Grace | Gephart | 6 |  |  |  | Numair | Dessureault | K | Daniela | Verdugo | K |
| Tryna | Guglielmo | 6 |  |  |  | Ethan | Fisher | K | Olivia | Wells | K |
| Jeremy | Gurvine | 6 |  |  |  | John | Fisher | K | Matthew | Young | K |
| Seadra | Hamilton | 6 |  |  |  | Santiago | Franks | K | Archer | Zelanko | K |
| Matthew | Harvey | 6 |  |  |  | Hannah | Gurvine | K |  |  |  |
| Kensley | Hoover | 6 |  |  |  | Cheree | Hamilton | K |  |  |  |
| Dayyaan | Loonat | 6 |  |  |  | Cora | Hecker | K |  |  |  |
| Jose | Medina | 6 |  |  |  | Evan | Hoffman | K |  |  |  |
| Hunter | O'Dore | 6 |  |  |  | Izabella | Hoffman | K |  |  |  |
| Hannah | O'Neill | 6 |  |  |  | Norah | Hoover | K |  |  |  |
| Rachel | Osier | 6 |  |  |  | Emma | Hurguy | K |  |  |  |
| Jennifer | Paz Martinez | 6 |  |  |  | Alexi | Hutchens | K |  |  |  |
| Athena | Ralles | 6 |  |  |  | Maggie | Isackson | K |  |  |  |
| Marisella | Sandoval | 6 |  |  |  | Angelique | Janes | K |  |  |  |
| Chance | Sasser | 6 |  |  |  | Adrienne | John | K |  |  |  |
| Sierra | Smaragdas | 6 |  |  |  | Abigail | Keresztes | K |  |  |  |
| Allyson | Stutsman | 6 |  |  |  | Autumn | King | K |  |  |  |
| Gustavo | Vazquez | 6 |  |  |  | Samuel | Kleving | K |  |  |  |
| Lauryn | Wallentine | 6 |  |  |  | Isabella | Kowal | K |  |  |  |
| Mark | Wierzbinski | 6 |  |  |  | Hunter | Kubly | K |  |  |  |
| Ranya | Abuelian | 7 |  |  |  | Rylan | Lopez | K |  |  |  |
| Kaleb | Buck | 7 |  |  |  | Isabela | MacArthur | K |  |  |  |
| Rene | Carda | 7 |  |  |  | Madilyn | Mahoney | K |  |  |  |
| Trey | Dillard | 7 |  |  |  | Kylie | McManamy | K |  |  |  |
| Garrett | Falkenstine | 7 |  |  |  | Janessa | Medina | K |  |  |  |
| Sabrina | Ferrari | 7 |  |  |  | Sierra | Moon | K |  |  |  |

## The Golow omit

## LEGACY TRADITIONAL SCHOOL DONATION FORM

Name: $\qquad$
Address: $\qquad$
Phone: $\qquad$ Email: $\qquad$

Payment method:
$\square$ Credit Card
Check - make payable to: Legacy Traditional Schools
Credit Card \# $\qquad$ Exp: $\qquad$ Code: $\qquad$
Payment Type
One Time
Monthly
Amount: \$ $\qquad$

## Campus to apply funds to:

| $\square$ Maricopa $\square$ Casa Grande $\square$ Queen Creek $\square$ Chandler $\square$ Avondale $\square$ NW Tucson $\square$ Laveen |  |
| :--- | :--- |
| Extracurricular activity/program to apply to? |  |
| $\square$ Athletics $\square$ Fine Arts $\square$ Music $\square$ Clubs $\square$ Field Trips $\square$ Guest Speakers $\square$ K.E.E.P. $\square$ General |  |
| $\square$ Please keep my donation anonymous | Thank you for your support! |
|  |  |

## DONATION LEVELS

(Any amount is appreciated)

| Monthly | Annually |
| ---: | ---: |
| $\$ 16.00$ | $\$ 200.00$ |
| $\$ 33.00$ | $\$ 400.00$ |
| $\$ 50.00$ | $\$ 600.00$ |
| $\$ 100.00$ | $\$ 1,200.00$ |
| $\$ 250.00$ | $\$ 3,000.00$ |

One Time Gifts
\$1,000.00
$\$ 5,000.00$
$\$ 10,000.00$
$\$ 25,000.00$

For questions on donations please contact the district office at 480-270-5438 or email info@LegacyTraditional.org. Please drop this form off at the front office at one of our schools or mail to:

> 3201 South Gilbert Road Chandler, AZ 85286
*The Arizona State tax credit is equal to the amount contributed or the amount of fees paid. However, for single taxpayers or heads of household, the credit cannot exceed $\$ 200$. For married taxpayers that file a joint return, the credit cannot exceed $\$ 400$. If married taxpayers file separate returns, each spouse may claim I/2 of the credit that would have been allowed on a joint return. To claim this credit use Arizona Form 323.

Legacy Traditional Schools is a non-profit organization so any funds donated above the tax credit allowance can be used as an itemized tax deduction. We recommend consulting a certified tax professional to verify your eligibility to these credits/deductions.


## CAC's STEM program offering free Math Refresher Workshop beginning March 28

APACHE JUNCTION, Ariz. - Central Arizona College's
Science Technology Engineering and Mathematics (STEM) program is easing math anxiety by offering a free Math Refresher Workshop that is open to future and current CAC students, as well as the general public.

The workshop will be held over the course of six classes, beginning Thursday, March 28, at the Superstition Mountain Campus in Apache Junction.

The Math Refresher Workshop is ideal for students preparing to take the Compass Math Placement Test, and for parents who want a refresher course so they may better assist their children.

Students may attend all of the sessions or select the classes that best meet their needs. The classes and accompanying workbook are available to all students at no cost.

Students must register for the classes prior to attending. The following is a list of the dates, times and subjects of each of the six classes:

Class \#1 - Thursday, March 28-5:30 to 8 p.m.

- Fractions
- Order of Operations
- Substitution
- Formulas
- Linear Equations/Inequalities
- Ratios/Percents/Proportions

Class \#2 - Saturday, April 6-9:30 a.m. to Noon

- Graphing Ordered Pairs/Lines
- Parallel/Perpendicular Lines
- Slope
- Graphing Inequalities

Class \#3 - Thursday, April 18-5:30 to 8 p.m.

- Functions
- Compound Inequalities
- Absolute Value
- Solving Systems of Equations

Class \#4 - Thursday, April 25-5:30 to 8 p.m.

- Polynomials
- Factoring
- Rational Numbers

Class \#5-Saturday, May 4-9:30 a.m. to Noon

- Exponents
- Radicals
- Complex Numbers

Class \#6-Thursday, May 9-5:30 to 8 p.m.

- Quadratics

Registration is required prior at attendance. To register for the workshop, students should call the CAC STEM office at 520-494-5493.

Funding for the workshop and CAC's STEM program is provided by a STEM grant from the U.S. Department of Labor.
-- www.centralaz.edu --


[^0]:    Stomach aches and headaches in the early school hours can often be traced back to a rushed morning with little or no breakfast. While many of us find ourselves rushed to get out the door in the morning, it's important to consider the lost class time later on due to a visit to the health office. In fact, research has shown that kids who eat a healthy breakfast do better academically and overall tend to have better nutrition. Here are some easy, healthy breakfast ideas for you family:
    -Toast with peanut butter, banana, drizzled with honey
    -Low fat yogurt with whole grain granola and berries
    -Egg, cheese, and salsa breakfast burrito with a whole grain tortilla (easy to prep the night before)
    -Oats (can be made the night before and reheated) with nuts and dried berries
    -Tofu scramble with herbs, chopped veggies, and cheese on toast
    -Chocolate milk (or alternative) with peanut butter and/or banana (Yum!)
    -Smoothie with yogurt or milk, frozen fruit, or even spinach (can be frozen into ice cube trays and re-blended in the morning)
    Don't forget to include water with your healthy breakfast. Kids are more prone to dehydration than adults and it's important to start off their day right!

